



November 2019

Community Reminders

- *Please make sure you are discarding your cigarette buds appropriately. Please do not throw them on property grounds.*
- *We know it's apartment living and everyone is going to hear a certain level of noise but please be respectful of your neighbors and keep the loud noise down.*
- *Residents with a garden plots: It's that time of year again! Please clean out your garden plots and dispose of all waste in the trash compactor. Please make sure they are looking good and ready to go for next year!*

Thanks in advance for your cooperation!

Slow-Cooker Poblano Corn Pudding



Ingredients

- 4 large poblano chiles (10 oz)
- 1/2 cup 1% low-fat milk
- 1/4 cup yellow cornmeal
- 1/4 cup all-purpose flour
- 2 tablespoons sugar
- 2 tablespoons butter, melted *SAVE \$*
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 2 eggs, slightly beaten
- 1 can (8 1/4 oz) cream-style sweet corn
- 2 cups frozen corn (from 12-oz bag), thawed
- 1 cup shredded reduced-fat Cheddar cheese with jalapeño peppers (4 oz)

Steps

1

Set oven control to broil. Line cookie sheet with foil. Place chiles on cookie sheet. Broil with tops 4 to 5 inches from heat 8 minutes, turning after 6 minutes, until blackened and charred. Place in paper bag; seal tightly. Let stand 15 minutes. Peel and discard skins; discard seeds and stems. Chop chiles.

2

Spray 3 1/2-quart slow cooker with cooking spray. In slow cooker, stir milk, cornmeal, flour, sugar, melted butter, baking powder, salt and eggs with whisk until blended. Stir in chiles, corn and cheese.

3

Cover; cook on Low heat setting 2 hours 30 minutes or until set. Uncover; cook 15 minutes longer.



Around Town

HALLOWEEN

Costume

CONTEST



Halloween Party at Big Walnut Grill

175 State Route 3, Sunbury, OH 43074

Date and Time:

November 2, 2019 @ 9 PM



Don't put away your costumes! We have our Halloween Party on November 2nd! The Hobgoblin Band LIVE! Costume contest. Drink specials and NO OSU football game!

Resident Event



Come Join us for our:

Game Day Chili

Cook Off

Saturday, November 16th

OSU VS. RUTGERS

Time: TBA

(Pending OSU game time)



Fitness Classes

Thanks for everyone's feedback!

Classes are starting in
November!!

Be on the look out for more info to
come soon!!

